

INTRODUCE THE BLEND TO YOUR ATHLETES

30% — 70%
MUSHROOMS + MEAT
= THE BLEND

The Blend delivers important nutrients while allowing athletes to enjoy their favorite foods.

Mushrooms' team of nutrients and bioactive compounds contribute to enhanced immunity and can protect the body through antioxidant and anti-inflammatory functions.



VITAMIN D enhanced to build and protect strong bones.

POTASSIUM to help muscles contract, regulate fluids and mineral balance for recovery and muscle hydration.

B VITAMINS niacin, riboflavin and pantothenic acid to boost energy.

SELENIUM to improve immune function and repair cellular damage.

BETA-GLUCANS to help support immune function.



blenditarian.com