

## Extended Learning



# with Sesame Street



## OVERVIEW

Students expand their knowledge of mushrooms while exploring mushroom recipes with Sesame Street characters.

## Outcome

Students explore how mushrooms are grown and used.

## Learning Objectives

Students will be able to....

- Describe how mushrooms grow
- Identify mushroom recipes
- Discuss the use of mushrooms

## Standard Alignment

- Demonstrate understanding of classifying
- Demonstrate receptive and expressive communication
- Demonstrate comprehension

## Materials

- Projector
- Handouts
- Crayons

## Educator Preparation

- Warm-Up: Have a story prepared to introduce the Sesame Street characters, print off activity sheets, organize crayons, and determine if a recipe will be used

Lesson Outline		
<b>Step 1:</b> A mushroom story	Warm Up and Motivation	10 minutes
<b>Step 2:</b> How are mushrooms grown?	Direct Instruction	15-20 minutes
<b>Step 3:</b> Eating mushrooms	Food demonstration or tasting	30-45 minutes
<b>Step 4:</b> Engaging families	Extended Learning	5 minutes

## Step 1: A Mushroom Story

### Warm Up

The teacher engages students in class by reading a Sesame Street story about Cookie who will be featured in the video.

Suggested Readings:

- Cookie Monsters Foodie Truck

## Step 2: What is a Mushroom?

### Introduction

Show video: Cookie Monster's Foodie Truck - Mushrooms

<https://youtu.be/KOdjCk2OKEg>

### Activity Sheet

*Instructor's Note: You can complete the sheet in two ways.*

**Option 1:** While watching the video, pause for each step to allow students to color their sheet.

**Option 2:** Watch the entire video, then talk through each step as students color their sheet.

### Whole Group Discussion

**Guiding Questions:** Lead discussion about mushrooms and types of mushrooms.

- How are mushrooms grown?
- Are mushrooms grown in the sun or in darkness?
- Do mushrooms need water

## Step 3: Eating Mushrooms?

Serve a mushroom quiche to the students to try or use this recipe for a mushroom omelet

Elmo's Vegetable-Garden Omelet

[Sesame-Street-Elmo\\_s-Vegetable-Garden-Omelet-recipe48.pdf \(mushroomcouncil.org\)](https://www.mushroomcouncil.org/Sesame-Street-Elmo_s-Vegetable-Garden-Omelet-recipe48.pdf)

## Step 4: Engaging Families

Print off and send home the resource below. Encourage families to read the story with their children and implement some of the techniques.

[Sesame-Street-Eat-Well-Anytime-Anywhere30.pdf \(mushroomcouncil.org\)](https://www.mushroomcouncil.org/Sesame-Street-Eat-Well-Anytime-Anywhere30.pdf)