



Extended Learning

with
Sesame Street



OVERVIEW

Students expand their knowledge of mushrooms while exploring mushroom recipes with Sesame Street characters.

Outcome

Students explore how mushrooms are grown and used.

Learning Objectives

Students will be able to...

- Describe how mushrooms grow
- Identify mushroom recipes
- Discuss the use of mushrooms

Standard Alignment

- Demonstrate understanding of classifying
- Demonstrate receptive and expressive communication
- Demonstrate comprehension

Materials

- Projector
- Handouts
- Crayons

Educator Preparation

- Warm-Up: Have a story prepared to introduce the Sesame Street characters, print off activity sheets, organize crayons, and determine if a recipe will be used

Lesson Outline		
Step 1: A mushroom story	Warm Up and Motivation	10 minutes
Step 2: How are mushrooms grown?	Direct Instruction	15-20 minutes
Step 3: Eating mushrooms	Food demonstration or tasting	30-45 minutes
Step 4: Engaging families	Extended Learning	5 minutes

Step 1: A Mushroom Story

Warm Up

The teacher engages students in class by reading a Sesame Street story about Cookie who will be featured in the video.

Suggested Readings:

- Cookie Monsters Foodie Truck

Step 2: What is a Mushroom?

Introduction

Show video: Cookie Monster's Foodie Truck - Mushrooms

<https://youtu.be/KOdjCk2OKEg>

Activity Sheet

Instructor's Note: You can complete the sheet in two ways.

Option 1: While watching the video, pause for each step to allow students to color their sheet.

Option 2: Watch the entire video, then talk through each step as students color their sheet.

Whole Group Discussion

Guiding Questions: Lead discussion about mushrooms and types of mushrooms.

- How are mushrooms grown?
- Are mushrooms grown in the sun or in darkness?
- Do mushrooms need water

Step 3: Eating Mushrooms?

Serve a mushroom quiche to the students to try or use this recipe for a mushroom omelet

Elmo's Vegetable-Garden Omelet

[Sesame-Street-Elmo_s-Vegetable-Garden-Omelet-recipe48.pdf \(mushroomcouncil.org\)](https://www.mushroomcouncil.org/Sesame-Street-Elmo_s-Vegetable-Garden-Omelet-recipe48.pdf)

Step 4: Engaging Families

Print off and send home the resource below. Encourage families to read the story with their children and implement some of the techniques.

[Sesame-Street-Eat-Well-Anytime-Anywhere30.pdf \(mushroomcouncil.org\)](https://www.mushroomcouncil.org/Sesame-Street-Eat-Well-Anytime-Anywhere30.pdf)